

THE NEW AGE OF MESOTHERAPY

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Mesotherapy is only a few years old but it is already finding its way into doctors' practices. It has grown from a marginal treatment into a specialty discipline. From a few enthusiasts (including myself) the trend has grown exponentially, fueled by an ever-expanding network of training seminars and courses. Many major medical institutions have already initiated a number of clinical studies to establish treatment effectiveness.

I am very pleased to see the growing number of mesotherapy practitioners and rapidly expanding acceptance of the procedure. It is no longer an anecdotal procedure, it is the very core of many cosmetic treatments. Its effectiveness, being studied now by many prestigious institutions, has already been proven and validated by thousands of treatments done over the years by mesotherapy specialists.

Mesotherapy, like any other medical discipline, is not a definitive science. It is a living and ever-changing organism. All over the world our colleagues are discovering new indications, new formulations, and new ways of delivering them. Our collective effort helps to improve our knowledge and to break the barriers limiting treatment outcomes. There is always a better way of doing things, and some of these breakthroughs should not be limited and confined to just a few individuals. The knowledge needs to be shared and propagated for the benefit of all of us for whom mesotherapy has become an important addition to our practices.

Present your success story and share your knowledge.

My particular appreciation goes to all doctors who dedicate themselves to mesotherapy teaching and training. I attribute the renaissance of the method that was invented over 50 years ago to their collective efforts. The advent of new medications and science helped mesotherapy claim its rightful place in the medical practice treatments repertoire.

Although we Americans mostly concentrate on the cosmetic aspects and wonders of the treatment, let us remember that the method can also be used for many other medical maladies. It is a valuable addition to treatment of arthritis, pain, dermatological conditions, sports injuries, and many other conditions.

I would like to invite all of you to share your expertise and experience and become contributors to our efforts of bringing mesotherapy knowledge to all of us. The pages of our Journal are open to all of you.

