



Mesotherapy Guns, Pros and Cons

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It is not uncommon in our medical practice to use certain devices to make our work more efficient and practical. One example is mesotherapy guns. All of us know how difficult and tiring the process of injecting even 3 cc [mL] of mesotherapy formulation through a very tiny mesotherapy needle can be. Performing a fat reduction on an abdomen and legs on the same setting can leave my hand numb. Injecting just a few drops at a time, for 100 times, requires a great deal of strength and precision. Furthermore, injecting the right amount is just one step. The injections also must be placed at a certain, precise depth, and the faster the needle is inserted the less painful it is for our patients.

So, how can we make our work easier?

We don't have too many options. Because these devices have not been approved by the FDA, it is very important to use them appropriately and avoid unnecessary complications. Our legal advisor, in a related article elsewhere in the Journal, does not aim to discourage doctors from using mesotherapy guns. His goal is to show us how to present this treatment modality to our patients in a legally acceptable and proper way. In the complex medical practice environment, we need to know how to take legal precautions.

I strongly encourage thorough reading of the legal article on using mesotherapy guns and also present the following recommendation: After explaining to the patient the pros and cons of the device, do not forget to document it in the chart. Following just a few simple steps can make a big difference and save a lot of trouble.

Certificate

The American Board of Mesotherapy would like to thank those who took the August 2005 Board Certification examination.

The next Examination will be held on Sunday, January 29, 2006, in Anaheim, California. A comprehensive review course will be offered the day prior to the examination.



Please visit our website

www.americanboardofmesotherapy.us
for additional information and an application.