

## HOW TO ACHIEVE OUTSTANDING RESULTS IN MESOTHERAPY

1. Professional Training
2. Proficient Protocols
3. Precise Techniques
4. Effective Equipment & Supplies
5. Superior Quality Ingredients

## TECHNIQUES FOR SUCCESS

Whether you chose to administer *Mesotherapy* manually or with a *Mesotherapy gun* the choice of injection technique is important.

Generally, according to the depth, working from the epidermis to the hypodermis, a distinction is made between one of these 3 techniques:

**PAPULE:** 1 to 2mm, with bevel upwards  
**NAPPAGE:** 2 to 4mm, angle of 30° to 60°  
**POIINT BY POIINT:** deep injections, 4 to 12mm

## TIPS FOR PATIENT SATISFACTION

1. *Local Anesthetic* - Applied prior to treatment, not essential but may be helpful for sensitive patients.
2. *Ice* - Applied prior to treatment, ice will achieve the numbness of anesthetic and also help reduce swelling from PPC.
3. *Loose Clothing* - After treatment loose fitting clothing can increase patient comfort particularly after PPC.
4. *Massage* - Encouraged 72 hours after treatment and continued daily between treatments massage can be effective in reducing the instance of nodules.

## TOOLS REQUIRED FOR EFFECTIVE MESOTHERAPY

### Needles

4mm, 6mm and 12mm 27G needles  
4mm, 6mm and 12mm 30G needles

### Syringes

5cc to 20cc luer lock syringes  
5cc to 20cc slip tip syringes

### Multi Injectors

Circular Multi Injectors - 4mm - 7 needles  
Circular Multi Injectors - 6mm - 7 needles

### Linear Multi Injectors

- 4mm - 5 needles  
Linear Multi Injectors  
- 6mm - 5 needles

### Injection Plates

Circular Injector Plates  
- 7 connections  
Linear Injector Plates  
- 5 connections

### Mesotherapy Gun



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TIPS, TECHNIQUES  
AND TECHNOLOGY

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## MESOTHERAPY

Pioneered by the French Physician Dr Michel Pistor in 1952, Mesotherapy is a non-surgical, relatively painless injection procedure that is used worldwide to treat with a broad range of conditions.

This medical specialty specifically targets areas with microinjections of vitamins, minerals, amino acids, conventional medications and homeopathic preparations. These micro injections are delivered directly into the mesoderm to promote the body's circulatory, lymphatic and immune systems to create a biological response and reverse abnormal physiology.

Over 25,000 physicians worldwide today use Mesotherapy in the care of their patients for:

### BODY SCULPTING

Stomach, Hips, Buttocks, Thighs, Love Handles, Upper Arms...

### FACIAL SCULPTING

Chin jowls, double chin, eye fat pads...

### CELLULITE REDUCTION

### SKIN TIGHTENING

### SKIN REJUVENATION & ANTI-AGING

### SCARS & STRETCH MARKS

### ALOPECIA



## RESULTS BASED ON TECHNIQUES

Results will vary depending on the injection site, the pathology treated, the structure of the dermis, the products injected and the technique applied.

*As a guide:*

<b>Frequency</b>	Weekly, Bi-weekly or Monthly Injections
<b>Preparation</b>	Local Anesthetic or Ice may be used.
<b>Pharmacology</b>	Patient specific customized cocktails
<b>Dosage</b>	Patient specific based on pathology.
<b>Technique</b>	Introduction of needle from 2 - 12mm depth.
<b>Injections</b>	0.1 - 0.3ml of the cocktail, with a separation distance of 0.5 - 4 cm.

## POPULAR MESOTHERAPY PROCEDURES

Lipodissolve  
MesoLift  
MesoBotox  
MesoGlow  
Cellulift  
MesoBoost  
MesoSculpt



Stomach, Saddle bags, Bra bulge, Inner thigh bulge, Love handles, Buttocks, Abdomen, Knees, Chin, Neck, Face, Arms, Back, Legs, Hands and Waist all can be treated with Mesotherapy.

## INGREDIENTS USED IN MESOTHERAPY

Injections commonly used in Mesotherapy are called cocktails. The following is a partial list of the common ingredients used.

Alpha Lipoic Acid	Hyaluronic Acid
Aminophylline	Hyaluronidase
Artichoke Extract	Isoproterenol
Ascorbic Acid	L-Carnitine
Biotin	Minoxidil
Caffeine	Pentoxifylline
Collagenase	Phosphatidylcholine
D-Panthenol	Procaine
DMAE	Retinoic Acid
Finestamide	Yohimbine
Glycolic Acid	

