

MESOTHERAPY PROTOCOLS

Effective Treatment for:

LOCALIZED FAT

- Stomach
- Hips
- Buttocks
- Thighs
- Love Handles
- Upper Arms

BODY SCULPTING

STRETCH MARKS

CELLULITE

AGING SKIN

ALOPECIA



DIRECTORY OF PROTOCOLS

1. Localized Fat Reduction - Body

Localized Fat Protocol #1

Formula 1
Formula 2
Formula 3
Formula 4

Localized Fat Protocol #2

Formula 1
Formula 2
Formula 3
Formula 4

Localized Fat Protocol #3

Formula 1
Formula 2

Localized Fat Protocol #4

Formula 1
Formula 2
Formula 3
Formula 4
Formula 5

2. Localized Fat Reduction - Eye Fat Pads

Eye Fat Pads Protocol #1

Formula 1

Eye Fat Pads Protocol #2

Formula 2

3. Localized Fat Reduction - Face & Neck

Face and Neck Protocol #1

Formula 1
Formula 2
Formula 3

4. Cellulite

Cellulite Protocol #1

Formula 1
Formula 2
Formula 3
Formula 4
Formula 5

Cellulite Protocol #2

Formula 1
Formula 2
Formula 3
Formula 4

Cellulite Protocol #3

Formula 1
Formula 2
Formula 3
Formula 4

5. Skin Rejuvenation - MesoLift & MeoGlow

Skin Rejuvenation Protocol #1

Formula 1
Formula 2
Formula 3

Skin Rejuvenation Protocol #2

Formula 1
Formula 2
Formula 3
Formula 4
Formula 5

Skin Rejuvenation Protocol #3

Formula 1
Formula 2
Formula 3

Skin Rejuvenation Protocol #4

Formula 1

Skin Rejuvenation Protocol #5

Formula 1

6. Alopecia - Hair Loss

Alopecia Protocol #1

Formula 1
Formula 2
Formula 3

Alopecia Protocol #2

Formula 1

Alopecia Protocol #3

Formula 1
Formula 2
Formula 3

7. MesoBotox

MesoBotox Protocol #1

Formula 1

8. MesoBoost

MesoBoost Protocol #1

Formula 1
Formual 2

SHOULD YOU REQUIRE ADDITIONAL INFORMATION ON APPLICATION, PROTOCOLS OR PRICING PLEASE EMAIL US AT info@mesotherapyworldwide.com or call us on +61 2 9698 7952.

LOCALIZED FAT REDUCTION - BODY

Many names have emerged with the surge in the popularity of Mesotherapy and the use of Phosphatidylcholine for the removal of localized fat had been coined many terms: Lipodissolve, MesoSculpt, Thinject, Mesoplasty, FlabJab, Melt Away...

The procedure for localized fat consists in multiple injections within the fat of a mixture of primarily Phosphatidylcholine (PPC). Additions of medications including Hyaluronidase, Artichoke and Collagenase are also indicated.

OVERVIEW OF PROCEDURE:

Injection Depth: 6mm to 13mm

Injection Spacing: 2 - 10cm apart

Injection Amount: 0.2cc - 0.8cc

Injection Technique:

1. Perform the procedure with the patient lying down. Position the patient to present the best angle for application, which must always be perpendicular to the skin. Inject with the bevel of the needle upward.
2. Map the area to be treated in each session.
3. Introduce the drugs smoothly with a regular interval between each dose.
4. Take care to respect the locations of the vascular and nervous systems, in order to diminish the possibility of hematoma.

Primary Ingredients Used:

Phosphatidylcholine. 100mg/ml

Procaine 20mg/ml

Aminophylline

L-Carnitine 500mg/ml

Dosage:

- The maximum dose of PPC in one session over multiple areas should be should be 2500mg. It is advisable to do an initial session using no more that 500mg to see side effects etc.
- Lidocaine or Procaine is suggested to be used in conjunction with PPC.
- When the ingredients are reconstituted they must be used within 24 hours or discarded.

Treatment Schedule: 1 4 weeks apart this is dictated by which protocol is used. The number of treatments required varies depending on the amount of and location of fat being treated, the goals of the individual patient and whether they are following a healthy diet and exercise regimen.

Pre Treatment:

Local anesthetic cream can be applied prior to treatment, not essential but may be helpful for sensitive patients. Ice can be applied prior to treatment. Ice will achieve the numbness of anesthetic and also help reduce swelling.

Post Treatment:

Encouraged 72 hours after treatment and continued daily between treatments massage can be effective in reducing the instance of nodules.

Loose clothes are advised to be worn after treatment for 2-3 days.

Considerations:

PPC is not recommended for children, pregnant women, nursing mothers, diabetics with vascular concerns, and persons with autoimmune diseases, people who have liver disease, persons who are severely obese or anyone with an acute or chronic infection.

Beta Blockers and Hypothyroidism can diminish results.

Side Effects:

Swelling, redness and bruising may result.

CELLULITE



OVERVIEW OF PROCEDURE:

Injection Depth: 2mm to 6mm

Injection Spacing: 2 - 4cm apart

Injection Amount: 0.1 - 0.2cc

Injection Method: Papule, Nappage or Point by Point Method.

Injection Technique:

1. Disinfect the area to be treated with appropriate solution.
2. Perform the procedure with the patient lying down. Position the patient to present the best angle for application, which must always be perpendicular to the skin.
3. Inject with the bevel of the needle upward.

Primary Ingredients Used:

Hyaluronidase 150U/ml

Phosphatidylcholine 50mg/ml

Aminophylline 25mg/ml

L-Carnitine 500mg/ml

Treatment Schedule: Every 1 - 2 weeks

Maintenance Schedule: Every 3 - 4 months

Pre Treatment:

Local anesthetic cream can be applied prior to treatment, not essential but may be helpful for sensitive patients.

Post Treatment:

Loose clothes are advised to be worn after treatment.

Patients should avoid exposure to the sun or solariums for 24hours.

Considerations:

Do not perform an ionisation session with cellulite treatment in the same day as it increases the risk of a skin allergies occurring.

Side Effects:

Itching, redness and minor bruising may result.

Cellulite Protocol #1

Indications: Cellulite and Skin Tightening. Particularly suitable after localized fat removal procedures to tighten the skin and also following excessive weight changes.

Injection Depth: 4mm

Injection Spacing: 1cm apart

Injection Amount: 0.1cc to 0.2cc per injection

Injection Method: Papule, Nappage or Point by Point.

Equipment:

18G 1 ½ inch needle

Disinfectant

Manual Application: 5ml syringe with 4mm 30G Mesotherapy needle or multi injector.

Mesotherapy Gun Application: 5cc syringe with 6mm 30G Mesotherapy needle

Procedure:

1. Disinfect the area to be treated with appropriate solution.
2. Perform the procedure with the patient lying down.
3. Draw up the required quantity of ingredients
4. Start the injection of ingredients in the area to be treated.

Treatment Schedule: Every 1 - 2 weeks (approx 5-10 sessions)

Maintenance Schedule: Every 1 - 2 months.

Choose either one of the following formulas.

FORMULA 1

10cc syringe volume

2cc Yohimbe
2cc Aminophylline 25mg/ml
2cc Procaine 2%
2cc DMAE
2cc Pentoxifylline

FORMULA 2

10cc syringe volume

2cc L-Carnitine 500mg/ml
2cc Aminophylline 25mg/ml
2cc Pentoxifylline
2cc Procaine 2%

FORMULA 3

12cc syringe volume

2cc Aminophylline 25mg
2cc Isoproterenol 0.2mg
4cc Hyaluronidase 150u
2cc Melilotus 2%
1cc Collagenase 1000u
1cc Lidocaine 1%

Continued overleaf...



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Formulas for: Phosphatidylcholine, Hyaluronidase, Aminophylline, Artichoke Extract, Collagenase, Melliotis, L-Carnitine, Pentoxifylline ...

Pharmacology of Ingredients for Mesotherapy

Patient - Questions and Answers

Mesotherapy Practice Forms - consent forms, treatment forms, financial contract forms...

Studies & Research Information

Offer Expires 20th March 2006.

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