



## **DR ANDRE BERGER**

A visionary in the emerging field of rejuvenation medicine, Dr. Andre Berger, is the driving force behind Rejuvalife Vitality Institute, an anti-aging medical practice located in Beverly Hills, CA. With the strong belief that a balance of complementary therapy, traditional medicine and non-surgical cosmetic procedures are the key to our emotional, physical and mental well-being, Dr. Berger is at the forefront of this emerging and innovative specialty.

Focusing on prevention rather than the just the cure, Dr. Berger's philosophy incorporates a holistic approach to anti-aging therapies, with a special emphasis on individual patient care, education and lifestyle changes. The best of both eastern and western medicines, detoxification, hormone replacement therapies and nutritional supplements combined with non-invasive cosmetic enhancement procedures, such as Botox, Restylane™ and IPL Photorejuvenation, are the foundation of Dr. Berger's practice. Drawing on over 26 years of experience in clinical and medical management, clinical pharmacology, nutraceuticals emergency medicine and holistic medicine, Dr. Berger is leading the way with effective evidence-based and holistic anti-aging therapies.

Dr. Berger's on-going quest to further promote a greater understanding of the rejuvenating, and often, life-saving benefits of anti-aging therapies, make him a sought after speaker at national and international conferences. Popular speaking topics include, among others, "Cosmetic and Anti-Aging Practice of the 21st Century", "The Secrets of Youthful Aging", and "What You Need to Know about Hormones and Anti-Aging". He is also an active member of the American Academy of Anti-Aging Medicine, the American Academy of Holistic Medicine, the American College of Nutrition and the American Academy of Endocrinologists.

### **Professional Affiliations:**

- *American Academy of Anti-Aging Medicine*
- *American Holistic Medical Association*
- *American College of Nutrition*
- *Institute for Functional Medicine*
- *American Academy of Endocrinologists*
- *American Medical Association*
- *California Medical Association*
- *Los Angeles County Medical Association*

**Education:**

**College:** McGill University, Montreal, Quebec, Canada, BS, 1970

**Medical School:** University of Ottawa, Ottawa, Ontario, Canada, MD, 1974

**Internship:** McGill University, Montreal General Hospital, Montreal, Quebec, Canada  
Straight Internship in Internal Medicine (R1), 1974-1975

**Residency:** McGill University, Montreal General Hospital, Montreal,  
Quebec, Canada Senior Assistant Resident in Internal Medicine (R2),  
1974-1975

McGill University, Montreal General Hospital, Montreal, Quebec, Canada  
Resident in Internal Medicine (R3) and Clinical Pharmacology, 1976-1977

**Professional Experience:**

**Oct 2003 – Present** Rejuvalife Vitality Institute  
Medical Director/Owner,  
Beverly Hills, CA

**July 2002 - Oct, 2003** Urgent Care, Internal Medicine, Family Practice and Occupational Medicine  
settings as locum tenens physician

**Oct 1999- Present** Productive Living, LLC  
Founding Member, Medical Advisor, Manager

**August 99- Present** President/CEO  
Absolute Health Sciences (DBA for Managed Provider Networks, Inc)  
Beverly Hills, CA

**January 96- April 1997** Vice President for Medical Operations  
MSO-US, Inc.  
Culver City, CA

**April 92 – Present** President/CEO  
Managed Provider Networks, Inc.  
Los Angeles, CA

**1994-1996** Medical Director  
Great American Health Plan (HMO)  
San Diego, CA

**1993-1997** Chief Executive Officer/Director of Medical Affairs  
Managed Eye Care Centers of America  
Los Angeles, CA

**1993-1996** Medical Director/Director of Quality Assessment &  
Improvement  
ProCare/PPMC (Medicaid Health Plan)  
San Diego, CA

- 1992-1993** President and Director of Medical Affairs  
Managed Care Associates, Inc.  
Encino, CA
- 1989-1992** Owner  
Bayport Medical Group  
Carson, CA
- 1986-1989** Staff, Emergency Department (independent contractor)  
Friendly Hills Hospital Regional Medical Center  
  
La Habra, CA
- 1986-1989** Staff, Emergency Department and Trauma Center (independent)  
Daniel Freeman Memorial Hospital  
Inglewood, CA
- 1985-1986** Acting Medical Director, Emergency Department (Contractor)  
Coastal Communities Hospital  
Santa Ana, CA
- 1985** Medical Director, Emergency Service  
California Medical Center  
Los Angeles, CA
- 1984-1985** Medical Director (Contractor)  
Med-Site Urgent Care Medical Group  
Hacienda Heights, CA
- 1978-1985** Staff, Emergency Medicine, Internal Medicine  
California Medical Center  
Los Angeles, CA
- 1978-1985** Partner  
California Primary Physicians Medical Group (Now Health Care Partners)  
Los Angeles, CA
- 1977-1978** Coordinator, Critical Care Division, Department of Internal Medicine (Contractor)  
Reddy Memorial Hospital, McGill University  
Montreal, Quebec, Canada

**Professional Activities:**

- 1993-1996** Member, California Department of Health Services, Managed Care Quality Assurance and Work Group Committee, Sacramento, CA
- 1975-1976** Delegate, Association of Interns and Residents  
Montreal General Hospital, McGill University
- 1975-1976** President, Association of Interns and Residents  
Montreal General Hospital, McGill University
- 1971-1974** Editor-in-Chief, University of Ottawa Medical Journal

**1970-1974** Student Representative to the Faculty Council/Faculty of Medicine  
University of Ottawa

**Certifications:**

2004 American Board of Holistic Medicine  
1993 American Board of Emergency Physicians (Recertification)  
1983 American Board of Emergency Medicine  
1977 American Board of Internal Medicine (eligible)  
1974 National Board of Medical Examiners